



### Research nurses (continued)

If you are invited to take part in a trial or other forms of research, you will be contacted by a research nurse who will be able to explain the purpose and requirements of the research and how your information will be used. During this time you will be provided an opportunity to accept or decline taking part.

### IBD clinics

Clinic appointments will be scheduled approximately every six (6) months.

Should you not receive an appointment, or need to reschedule your review, you should contact the **Outpatients Clinic on 1300 855 275**.

### Gastroenterology Procedural Unit

The IBD nursing team work closely with the Gastroenterology Procedural Unit. All Gastroscopies and colonoscopies are performed on this ward located on level 8, A Block.

Should you have any questions or concerns regarding your upcoming appointment, please **contact the unit on 9224 2179**.

### Involving your GP

Your general practitioner (GP) will be informed of any admission, clinic appointment, procedural outcome or changes to your treatment.

Consult your GP if you require prescriptions for ongoing medications such as 6-Mercaptopurine or Mesalazine.

## IBD Helpline

For help or information about your condition please call or email the nursing service.

**The helpline/ email is for clinical queries only, such as unexpected problems including disease flares, symptoms or medications, and to request repeat prescriptions for biologic medications.**

For urgent assessment please leave a message with your name and contact number. Messages will be answered during Monday- Friday work hours (8am- 4pm). We aim to reply within 24 to 48 hours of working days. If your situation is urgent, please present to your nearest emergency department.

Non urgent enquiries can be emailed. If this is an ongoing issue, we may request a clinic appointment.

## Other Resources

**Empowering people living with Crohn's disease and ulcerative colitis – Crohn's & Colitis Australia (CCA)**

[crohnsandcolitis.org.au](http://crohnsandcolitis.org.au)



Patient Information

# Inflammatory Bowel Disease Service



**Royal Perth Bentley Group**

[rph.health.wa.gov.au](http://rph.health.wa.gov.au) > [bhs.health.wa.gov.au](http://bhs.health.wa.gov.au)

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Royal Perth  
Hospital

# Inflammatory Bowel Disease Service (IBD)

## Who we are

The inflammatory bowel disease (IBD) service is made up of specially trained healthcare professionals who care for patients with Crohn's disease and ulcerative colitis and assist with the management of these conditions. Crohn's disease and ulcerative colitis are the most common forms of IBD which are lifelong conditions that affect approximately 1 in 250 people in Australia. The service is part of the IBD unit at Royal Perth Hospital and works in conjunction with gastroenterologists, surgeons, dieticians, pharmacists and other health care professionals to ensure that each patient has a comprehensive and well-coordinated diagnostic and treatment plan.

## Our aim

- › Work **with** and **for** our patients
- › Practice holistic and well-coordinated health care

- › Ensure all patients receive personalised care
- › Provide opportunities for eligible patients to access new therapies as part of our research activities

## The IBD Team

### Gastroenterologists

Gastroenterologists are doctors who specialise in intestinal disorders. Our consultants will oversee your IBD care and make decisions with you according to your exact diagnosis and the extent, severity and stage of your disease.

### Gastroenterology Ward Staff

Occasionally, patients with IBD need to be admitted to hospital for more intensive treatment, close monitoring or tests, and possibly for surgery. Patients are usually admitted to the Gastroenterology Ward (8A), or an appropriate surgical ward.

The ward manager and an experienced team of nurses will work very closely with the gastroenterologists, junior doctors, dieticians, pharmacist and IBD nurses to manage your care.

### IBD Fellow

IBD fellows review the ongoing care and management of our IBD patients in conjunction with consultants and IBD nurses. You may receive correspondence or be reviewed by our IBD fellow in clinic.

### IBD Nurses

IBD nurses will provide you with specialist advice, education and support about your illness and treatment. They can do this remotely or when you are in hospital.

The service is here to deliver compassionate nursing care with skilled assessments. In return the expectation is reciprocal polite and open communication.

### Pharmacist

Your IBD team will advise you if you require medication for your condition. Our specialist gastroenterology pharmacist can assist you in the management of your medication. Most of the medications prescribed are covered by the Pharmaceutical Benefit Scheme (PBS) and can be obtained from your community pharmacy. There are some specialised medications that can only be obtained through the hospital outpatient pharmacy. Our pharmacist can assist you with any medication related issues.

### Dietician

A dietician is available on referral should you require advice around diet and your IBD.

If you think you need to see a dietician, please discuss with the IBD nursing service.

### Research nurses

Occasionally, opportunities arise to take part in research, including trials of new IBD treatments.